

A banner for the Pedal to Fight Parkinson's event. It features a purple background with white and yellow text. The text reads 'PEDAL TO FIGHT PARKINSON'S' in large white letters, followed by 'EVENT INFORMATION' in yellow. Below that, it says '23 TO 24 JULY 2025 - ADELAIDE OVAL'. In the background, there are photos of people cycling on stationary bikes and various sponsor logos like Toyota, AFC.COM.AU, and WELCOME TO ADELAIDE OVAL.

PEDAL TO FIGHT PARKINSON'S

EVENT INFORMATION

23 TO 24 JULY 2025 - ADELAIDE OVAL



24-HOUR TIMETABLE OF ACTIVITIES & THEMES

Pedal to Fight Parkinson's – Ride Schedule & Rider Experience.

Get ready to ride with us! Below is the planned scheduled of themed hours, entertainment and activities to keep the energy high and pedals turning.

WEDNESDAY 23 JULY

<u>TIME</u>	<u>ACTIVITIES & THEMES</u>
11.30 – 11.45am	Welcome teams and riders
11.45am	1st group of riders ready to start
11.50am	Official Welcome
12noon	EVENT OFFICIALS STARTS
2pm – 4pm	Brain x Body Fitness Studio team activities
4pm – 6.30pm	5AA Sports Show Broadcast & Channel 7 news & weather cross
6pm	Next Gen Club Memorial Drive members spin class
7pm – 10pm	Pedal Party – Bring your energy
10pm – 12pm	Retro Ride – Throwback music & clothing – 70's, 80's & 90s theme

THURSDAY 24 JULY

<u>TIME</u>	<u>ACTIVITIES & THEMES</u>
12am – 3am	Midnight Mash Up – You pick the tunes!
3am – 6am	PJ Party – Pedal in your PJ's
6am – 7am	Next Gen Club Memorial Drive members spin class
6am – 9am	SEN Breakfast – live boardcast
9am – 11am	Brain x Body Fitness Studio team activities
11am – 12noon	Final Countdown – Last hour to push the pedals!
12noon	EVENT OFFICIAL FINISHES – 24 hours complete. Acknowledgements, thanks, awards and group photo.

**FOR MORE INFO AND FAQ'S, GO TO:
[PEDALTOFIGHTPARKINSONS.COM.AU](https://pedaltofightparkinsons.com.au)**